

Dr C Ciobanu
Principal GP

Locum GPs:
Dr Hamdulay
Dr Wilson
Dr Ahmad
Dr Shah



Issue 2024 /88 – Autumn / Winter
Haverfield Surgery

Staff Changes

With effect from May 2024 we welcomed our new Practice Manger Anne Denny who has joined us with a wealth of NHS experience.

Flu Clinics:

Flu Clinics will commence on 3/10/24 and will run throughout the month, possibly extending into November depending on demand.

Text invites with a self-booking link have been sent out to eligible patients in batches according to the supply of the vaccine .

This year's criteria set by NHS England include everyone in the following 2 groups:

Over 65's and those under 65 with an underlying health condition.

If you have not able to use the text message link, please call the surgery AFTER 11AM and book an appointment via the reception team.

RSV Vaccine:

The RSV vaccine helps protect against respiratory syncytial virus. RSV is a common cause of coughs and colds. It usually gets better by itself, but in some cases (especially babies & older adults) it can cause illnesses such as pneumonia and bronchiolitis . These illnesses can cause serious breathing problems and can be life threatening.

IF you are pregnant you will be offered the RSV Vaccine at around the time of your 28 week antenatal appointment.

If you are aged 75 to 79 you will be invited via a text message to attend a vaccination clinic here at the surgery.

If you are Aged 80 or over .

If you turn 80 after 1st Sept 2024 you will be eligible for the RSV vaccine until Aug 2025 as part of the catch up programme . However if you turned 80 before 1st Sept 24 you will not be eligible under the current criteria.

If you are unsure or have any questions, please call the surgery on 01923 262514 after 11am.

ELECTRONIC PRESCRIPTION SERVICE (EPS)

We are now able to offer patients the choice of using the Electronic Prescription Service. This is an NHS service which gives you the chance to change how your GP sends your prescription to the place you choose to get your medicines or appliances from. If you would like further information about the service, please ask the staff in a pharmacy offering EPS or ask one of the practice reception team for further details.

Are you a carer?

If you give unpaid help and support to a family member, friend or neighbour who would not be able to manage without you, then you are a carer. The person you look after might have a physical or learning difficulty, be ill or frail, have mental health problems or misuse drugs or alcohol. They may be your child, partner or parent, or a friend or neighbour, and they might live with you or live elsewhere. Whatever your situation, make sure you let us know you are a carer by completing one of our Carers Registration forms available from the Practice or downloaded from our website and hand it in to the Practice for the attention of Linda Wallis, Carers Champion, Linda will then contact you to discuss how we can help and support you.

APPOINTMENT REMINDER TEXT MESSAGING SERVICE

We offer a messaging service where we send you a reminder of your booked face to face appointment.

It is essential that you let us know your **current mobile number** in order for you to use this service.

Please speak to a member of the reception team if you wish to opt out of this service.

ACCESSIBLE INFORMATION STANDARD

The practice normally communicates with patients via letter or telephone.

The Accessible Information Standard applies to patients who have information or communication needs relating to a disability, impairment or sensory loss. It also applies to parents and carers of patients who have such information or communication needs, where appropriate.

Individuals most likely to be affected by the Standard include people who are blind or deaf, who have some hearing or visual loss, people who are deafblind and people with a learning disability.

Patients Participation Group

The PPG is an effective way for patients and the surgery to work together. Here at Haverfield we have a group which comprises of patients and practice members. The group meets approx. 2/3 times a year.

We would very much welcome new members, so if anyone is interested in joining please contact the surgery or email

kim.church@nhs.net.

You can also join the virtual group which is just a matter of giving your email address to reception.

Travel Immunisations -



Please make a telephone appointment with our Nurse to discuss your requirements and allow plenty of time before you travel.

Self Care for Healthy Living

Staying healthy is important for everyone, even if you are living with a long term condition. This means eating healthily, exercising regularly, quitting smoking & drinking in moderation.

The practice is able to refer to weight loss & exercise programmes where applicable and the **Hertfordshire Stop Smoking Service** can be contacted on 0800 389 3998 or Text Quit to 07800 001 337.

Access to medical records:

Every patient can now view their medical records via the NHS app from October 2023.

This includes test results and consultation notes.

If you require full historic access, please request this via the Haverfield Surgery website.

Is there anything you would like to see on the Haverfield Newsletter?

Please contact Kim via email –

kim.church@nhs.net or ask at reception.

Thank you.